

Peninsula Community Church Preschool Health Policy

COVID-19 Policies 2020

Dear Parents,

In this unprecedented year we want to provide you with as much information as possible. We want to keep your child safe, healthy, happy & secure while they are in our care. The following procedures are to keep all as safe as possible. We ask for your help. You are an important part of this equation. Do not send your child if you know they are not feeling well or have been exposed to someone who has symptoms or diagnosed with COVID-19.

As you well know, COVID-19 is a fluid situation. As more information is available, we will adjust as needed. We have taken guidance from: COVID-19 updated guidance: Childcare Programs and Providers. [covid19.ca.gov](https://www.covid19.ca.gov). We also have taken guidance from the CDC web site and [childcareaware.org](https://www.childcareaware.org)

Enhanced cleaning

We want your child to stay safe and healthy. However, we know that children are moving constantly, and we want to do more than just clean around them. We want to provide a safe, clean, but also educational and loving school experience. We will do our best to do the following:

- A thorough cleaning before school begins.
- Enhanced cleaning/disinfecting of highly touched areas throughout the school day. I.e., door handles, light switches, tabletops using disinfectant wipes or spray
- Wipe down surfaces at the end of the day with disinfectant cleaner.
- Nap mats will be disinfected after each use.
- Outside equipment that is highly touched (trike handles, balls, manipulatives) will be cleaned after each use, if possible.
- Toys that have been in the mouth will be set aside till they can be properly cleaned and sanitized.
- Restrooms will be cleaned with disinfectant cleaners every day.
 - We have touchless soap and water faucets. Paper towels are dispensed so that only the one taken is touched.
 - We will wipe down toilet seats and handles after use with disinfectant wipes or cleaner.
- Doors and windows will be kept open as much as possible.
- We will spend as much of our day as possible outside.
- From <https://www.cdc.gov/coronavirus/2019-ncov/community/disinfecting-building-facility.html> regarding outside areas:
 - Outdoor areas, like **playgrounds in schools and parks** generally require **normal routine cleaning**, but **do not require disinfection**.
 - Do not spray disinfectant on outdoor playgrounds- it is not an efficient use of supplies and is not proven to reduce risk of COVID-19 to the public.
 - High touch surfaces made of plastic or metal, such as grab bars and railings should be cleaned routinely.
 - Cleaning and disinfection of wooden surfaces (play structures, benches, tables) or groundcovers (mulch, sand) is not recommended.
 - **Sidewalks and roads should not be disinfected.**
 - Spread of COVID-19 from these surfaces is very low and disinfection is not effective.

Arrival and departure:

- All staff and children will have daily temperature checks with no-contact infrared thermometer before entering school. (a temperature of 100.4 or higher will not come to school)
- Parents will drop children off AND pick up at drop off area.
- Drop off Procedures
 - Please wait till you are the first car.
 - Parent will turn off car, put on mask.
 - Take child out of car.
 - Children will be visually screened for symptoms and temperature taken and noted.
 - Parents will sign in child.

- Parent/ Caregiver will also sign that: no one anyone in their household has had COVID-19 symptoms within last 24 hours and no one in home or with whom they have contact has positive test. We will not allow a student to come to school if any of questions are affirmative.
- Parents and visitors will not come onto campus. If parent needs to pick up a child early, we ask you to call and wait at the gate or driveway, and we will bring your child to you.
- Parents will pick up children drop off up driveway.
 - A staff member will bring your child to your car when you arrive.
 - Sign out child. You will put child in their car seat.
 - If you arrive and no one is there, please call school or text with Remind.
- IF possible, the same caregiver/ parent should drop off and pick up child.
- Please wear a mask when you are taking your child out of your car and putting them in the car at pick up time.
- Please wash your hands before dropping off, prior to picking up and as soon as you get home.
- Please have your child wash hands as soon as they get home.

Health policies

- Regular health policies continue to be in effect. (last page of this document)
- Should a child get sick, develop temperature, be very tired or lethargic during school day, we will separate them to another room. You will be called to pick them up asap.
- They should not return to school until fever free for 72 hours without medication or have a doctor note that they are clear to return to school.
- Due to the nature of this pandemic should your child have a cough or runny nose, we ask that you get a doctor's clearance before returning to school.
- We need you to look out for the health and safety of all of us. Do not take a risk. If in doubt, please keep your child at home.
- Should a student/staff test positive for COVID-19, summer camp will most likely be closed for a minimum of 2 weeks. Should that happen, tuition will be refunded.

Physical Distancing & Safety precautions

- We will do our best to provide as many opportunities for individual play as possible. This will include more options outside, limiting the number of children at a center or table. As is possible and safe, we will wipe toys after a child visits a center.
- Children will wash hands upon arrival. They will also wash hands with supervision, after restroom, before snack, lunch and after outside play.
- We will social distance as much as possible. We will teach about the importance of socially distancing during this time.
- Circle time will be outside and spread a part.
- Staff will wear masks when physical distancing is not possible.
- Children may or may not wear masks, it is your choice.
- For summer program, please **send a healthy easily eaten snack for your child**. NO candy.
 - A small piece of fruit and a few crackers are a good snack.
 - We cannot cut up or prepare your child's snack or lunch. It must be ready to eat.
- We will spread children out as much as possible during snack and mealtime.
- We will provide paper cups for water. Do not send a refillable water bottle, at times they may be mixed up or touched by other students.
- We will spread out nappers as much as possible. Nap blankets will be stored in separate cubbies.
- Nap mats will be wiped down each day with disinfectant cleaners or disinfectant wipes.
- Teachers will wash hands often or hand sanitizer as often as needed.
- Staff will wear gloves and will wash hands before and after diaper changes.
- No water-play for summer. However, we may have water at sensory or science tables/tubs. Children will be allowed to play in water with hands. Water will be changed often. Hands will still be washed after playtime.

Other guidelines

- All personal toys MUST be kept at home
- All personal items must be labeled and kept in their cubbies. We will do our best to have children NOT share cubbies.

What if someone at school is diagnosed with COVID-19?

There will be thorough cleaning and disinfecting of our building or facility.

Close off areas used by the person who is sick.

- **Open outside doors and windows** to increase air circulation in the area.
- **Wait 24 hours** before you clean or disinfect. If 24 hours is not feasible, wait as long as possible.
- Clean and disinfect **all areas used by the person who is sick**, such as offices, bathrooms, common areas, shared electronic equipment like tablets, touch screens, keyboards, remote controls, and ATM machines.
- [Vacuum the space if needed](#). Use vacuum equipped with high-efficiency particular air (HEPA) filter, if available.
 - Do not vacuum a room or space that has people in it. Wait until the room or space is empty to vacuum, such as at night, for common spaces, or during the day for private rooms.
 - Consider temporarily turning off room fans and the central HVAC system that services the room or space, so that particles that escape from vacuuming will not circulate throughout the facility.
- Once area has been **appropriately disinfected**, it **can be opened for use**.
 - **Workers without close contact** with the person who is sick can return to work immediately after disinfection.
- If **more than 7 days** since the person who is sick visited or used the facility, additional cleaning and disinfection is not necessary.
 - Continue routine cleaning and disinfection. This includes everyday practices that businesses and communities normally use to maintain a healthy environment.
- Local health department and licensing will be notified. They will advise if closing the class or school is needed for 14 days.
- Parents will be notified if your child was exposed to someone that developed COVID-19
- <https://www.cdc.gov/coronavirus/2019-ncov/community/disinfecting-building-facility.html>

HEALTH GUIDELINES from our Parent Handbook

Please notify us when your child is absent due to illness or injury. Please notify us if your child has received over the counter or prescribed medication prior to their arrival to school each day.

The following are guidelines as to when you should keep your child at home. Should your child exhibit these symptoms we will call you to pick up your child from school.

1. She/he is breathing rapidly, noisily, or with effort.
2. She/he has a fever higher than 100° F. Your child will need to be fever free without medication for 72 hours before returning to school.
3. He/she has two or more liquid bowel movements in 24 hours.
4. He/she vomits more than once in 24 hours. Please do not return to school until they have kept food down and no vomiting for 24 hours.
5. He/she has a persistent, hacking cough.
6. He/she has a severe runny nose that is more than usual for the child.
7. He/she has a contagious disease such as measles, chicken pox, conjunctivitis, ring worm, impetigo, mumps, or roseola. These diseases will require a physician's release for readmission.
8. He/she has head lice or nits. Even if treated with shampoo, all nits must be removed before returning to school, unless the child has a physician's release indicating there are no live nits.
9. He/she has an eye infection with a discharge, ear infection or throat infection unless on medication and approved for return by the physician.
10. He/she feels uncomfortable, is pale, irritable, listless, very tired or cannot fully participate in our program.

These are guidelines and when in doubt about your child's health, you should contact your child's physician. Medications cannot be administered at school, unless a medication permission form is completed by you and your physician. All medication must be in original container with prescription label attached.

Minor Injuries are treated with soap and water, ice, bandages and reassurance. Parents will be notified of any injury with a phone call and/or an "Ouch Report".

In Case of Illness or Emergency During School Hours:

The school attempts to contact the parents or the designated person first. If they are not available, we will contact the person listed on the Emergency Information form. If necessary, we will contact the physician and the paramedics. All children must have on file at school EMERGENCY INFORMATION WITH CONSENT TO TREAT. Torrance Memorial Hospital is the nearest hospital and the one paramedics use for this area.

Epi-pens: If your child has an allergy and requires an epi-pen, please see director for appropriate allergy plan form. These forms are completed by the child's doctor. The epi-pen must be stored at school in the original container.

***The medical release you signed at the beginning of the year is still current. If your insurance or doctor has changed, please let us know immediately.